



Monday

Wednesday

Friday

Choice A
Homemade chunky chicken pie

Choice B
MSC Salmon fish fingers

Choice C
Baked potato with filling of the day

Vegetable selection
Creamed potatoes
Broccoli
Carrots

Dessert
Creamy Fruit Sundae made with fresh organic milk
Selection of fresh fruit
Organic fruit yoghurt

Choice A
Kickin chili &50/50 Rice

Choice B
Homemade Cheese & Tomato Quiche

Choice C
Baked potato with filling of the day

Vegetable selection
Baby new potatoes
Sweetcorn
Green Beans

Dessert
Homemade Oaty Biscuit
Selection of fresh fruit
Organic fruit yoghurt

Choice A
Italian Inspired Spaghetti Bolognese

Choice B
Fresh Oven Baked Cajun Fish

Choice C
Baked potato with filling of the day

Vegetable selection
Creamed potatoes
Garden peas
Medley of Vegetables

Dessert
Homemade creamy rice pudding with fruity jam
Selection of fresh fruit
Organic fruit yoghurt

Choice A
Outdoor reared pork burger served in a bap

Choice B
Vegetarian wholemeal pasta bake

Choice C
Baked potato with filling of the day

Vegetable selection
Chunky chips
Salad Pots
Sweetcorn

Dessert
Marble sponge with custard made with fresh organic milk
Selection of fresh fruit
Organic fruit yoghurt

Choice A Meat-Free
Vegetarian ravioli and wholemeal crusty cob

Choice B
Homemade chef's choice pizza

Choice C
Baked potato with filling of the day

Vegetable selection
Homemade jacket wedges
Baked Beans
Peas

Dessert
Fruit cocktail & ice cream wafers
Cheese and crackers
Selection of fresh fruit
Organic fruit yoghurt

A fresh salad bar, wholemeal bread and drinking water are also available daily.

Our Choice of Meals including 1 other option (depending on what you choose) is available for children aged 5-11 years. For more information please contact us on 01752 777777 or visit our website www.monmouthwheels.co.uk

